

SOUNDSIDE LEARNING THIS WEEK ON CORE SOUND

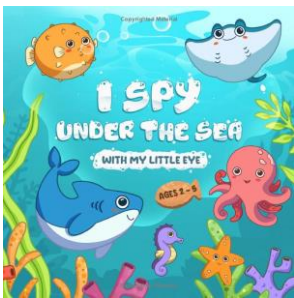


September 11, 2023

COMING UP AT CORE SOUND...

- **September 12:** Community Night, "Remembering Florence - Five Years Later - and Isabel - 20 Years Later" 6-9 PM
- **September 20:** Preschool Mornings Begin

Sound Reading Material For You and Your Child



I Spy Under the Sea By Little Cat Press

This book is packed with many fun guessing activity pages that will keep your kids entertained for hours. With the I Spy game, your child will have to use their keen eyesight to spot the correct things on each page. With a lot of adorable marine animal illustrations such as dolphins, octopuses, sharks, whales, seahorses, and many more, your little ones will have a blast while improving their vocabulary skills.

Pages: 44
Grades: PreK-K

My Fulcher Memories

By Michael Martin

When asked about someone that embodied Down East to me, I began to think of the men and women who shaped my childhood and adolescence. So many amazing characters, so many transformational individuals, and so many positive role models.

When we moved to Atlantic, I was nine years old. We moved to Fulcher Drive to a wonderful home with a field across the street and a pond at the back of the field. Some of our neighbors were Clay and June Fulcher and their sons John Michael and "little" Clay. Mr. Clay was a legend in my childhood mind. He had story after story about life down east, hunting, fishing, the outer banks and beyond. I told my parents, "Mr. Clay knows a little about a lot of things, but he doesn't seem to know a lot about anything." He taught me how to clean fish, crabs and honestly any and everything I'd ask him about. Mr. Clay and Mrs. June always had an extra seat at dinner for my brother and me if we preferred their menu to mom and dad's. We were immediately a part of their family. That is what down east is to me; down east is a family; down east is a spirit; and if you came with an open heart and a willingness to accept the tradition and principles of down east then you were part of that family.

The Fulcher family gave me my first job shoveling ice at the fish house, which I sucked at, my second job bagging groceries at the Red and White, and my first restaurant job in the kitchen at the Driftwood. I'm sure my story is like other kids' down east for the Fulcher family provided jobs to many of us. I don't know how they could've been any more influential on me.



the fish house

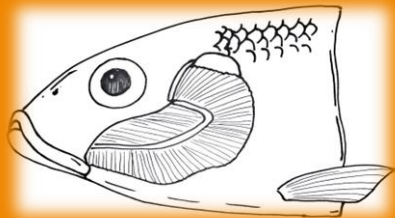


the Red and White



the Driftwood

Coffee Filter Gill Experiment



- In a cup of warm water, add about one tablespoon of coffee grounds and mix!
- Cover a second cup with a coffee filter and secure it with a rubber band.
- Next, slowly pour the coffee mixture over the top of the coffee filter and observe what happens! *This represents how seawater (the coffee mixture) is pushed through a fish's gills (the coffee filter), which capture all of the little oxygen atoms (the coffee grounds)!*

Red Drumming

Did you know that North Carolina designated the red drum as the official saltwater fish in 1971? And did you also know that the World Record Largest red drum was caught off the beaches of Hatteras Island? David Deuel caught a massive 94-pound and 2-ounce red drum from an Avon shore on the morning of November 7, 1984.

Red drum, or channel bass, are iridescent silvery-gray in color with a coppery cast that appears darker on the back and upper sides. They have an inferior mouth, no barbels on the chin and one or more black ocellated spots on the upper side near the base of the tail. Red drum may grow to be 5 feet and 100 pounds.

Red drum are generally bottom feeders that eat small crabs and shrimp but also will feed in the water column on small fish. They can be found "tailing" with their head down in the grass and their tail exposed to the air when feeding in shallow water.

There are two different types of red drum--smaller "puppies" and large "bulls." Puppy drum are a fun catch for amateur anglers and make a great meal. Bull reds can regularly reach 40 pounds in our waters and can give even experienced anglers a fight.



Guide Noah Lynk won a battle with this bull redfish off Cape Lookout last fall.
photo from <https://www.carolinasportsman.com/featured/lookout-for-big-bull-redfish/>