

SOUNDSIDE LEARNING

THIS WEEK ON CORE SOUND

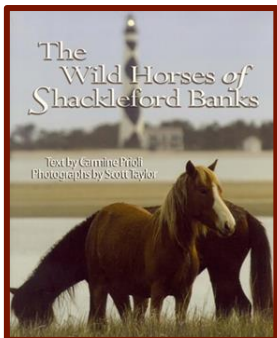


January 30, 2023

JOIN US!

- **February 1:** *Soundside Science & Story Time* for ages 3-5, 10 AM
- **February 2:** *Parlor Talk @ 806, 2 PM:* Chris Yeomans, "A Tribute to Fish House Liars"
- **February 5:** *Sunday Afternoons with Heber, 2 PM*
- **February 24:** *Taste of Core Sound*

Sound Reading Material For You



The Wild Horses of Shackleford Banks

By Carmine Prioli

The Wild Horses of Shackleford Banks is a comprehensive overview of the famous herd—its possible origins and development, its hardiness in the face of hurricanes, its complex relationship with humans, its hard-won protection within Cape Lookout National Seashore. The book's plentiful illustrations— both archival and contemporary —show why the Shackleford horses are so beloved among visitors to the Outer Banks. *A portion of the proceeds from The Wild Horses of Shackleford Banks will be contributed to the Foundation for Shackleford Horses, Inc.*

Pages: 144

Water, Our Horses Dig It

Horses are naturally well-equipped to handle practically anything that winter can dish out. Their long winter coat holds air next to the skin, which helps insulate them against cold weather. In fact, horses in good body condition can withstand temperatures down to -40 degrees Fahrenheit without difficulty. It's easier for horses to "warm up" in cold weather than it is to "cool down" in hot weather.

One important consideration during the winter months for horses is water intake. Although horses' water consumption varies depending on temperature, diet, and exercise, an average thousand-pound horse requires at least ten gallons of water each day for maintenance. Lack of snow in our area doesn't present any additional problems, for a horse cannot meet its daily water requirements by eating snow. Not only does snowfall fail to provide enough water, but it also requires more energy to consume, and can harm old or weakening horses.

According to the National Park Service's website, "There is a freshwater lens or aquifer under the island (and other barrier islands). Shackleford Banks has one sizeable pond and many pools, seeps and digs where the horses can access the fresh water. Sometimes the horses dig with their hooves to access water below ground level.

If you see a horse drinking from what appears to be salt water, consider whether a freshwater seep might be flowing out on top of the denser salt water. The horses routinely eat marsh grasses under the water's surface, so watch to see if the horse is chewing instead of drinking."



"These horses are drinking from holes they dug to find water underground."

--Cape Lookout National Seashore"

photo from www.nps.gov

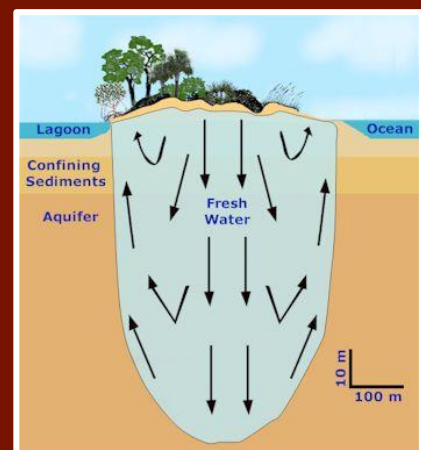


diagram from www.sms.si.edu

A Scout for Life



Paul Murphy was born in Sea Level, grew up in Davis Shore, and has lived most of his adult life in Smyrna. His mother, Ruth Janice Smith, was from Atlantic, and his father, Harlan Murphy, was from Davis. A scout as a young man, Mr. Murphy earned his Eagle rank in 1972. After returning to our area in 1979, Mr. Alonza Salter approached him about restarting Scout Troop 252. Mr. Murphy agreed, and

their first meeting was held in September with eleven young men in attendance. The next week two more boys joined, and the group was chartered as Troop 252 with American Legion Post 295 as their Charter Organization.

When asked why he has remained with Troop 252 all these years, Mr. Murphy shared, "I really like the purpose of the Scouting program and think it is a major benefit to not only its members but the whole community. It is more than just a hobby or another activity (it doesn't hurt that I still enjoy the program too). I get to see the benefit of the program every time one of our members learns a new skill, earns a new badge or gets recognized for one of their accomplishments. As a Troop we have taken scouts to SC, GA, TN, VA, WV, MD, DC and from Manteo to Murphy in NC."

Like a happy parent, Mr. Murphy also shared, "In 2022 we had two scouts complete their own Eagle Scout Service Projects which totaled almost 500 hours and we completed over 20 Troop projects from Adopt a Highway, Scouting for Food and helping other organizations like the Waterfowl Museum, Big Rock and Sarah James Fulcher Fishing Tournaments with a total of over 1100 hours of volunteer service time by our members."

I am the proud mother of an Eagle Scout and truly understand and appreciate the time and effort that goes into the guidance of a successful scout troop. Mr. Murphy's story is one that inspires and exemplifies selfless love for the Down East community. I am grateful I had the chance to meet this extraordinary man and personally thank him for his service.



Photos submitted by Mr. Murphy.